

FRASER LANDS CHURCH

# FRASER LANDS SMALL GROUPS 2020-2021



A TIME FOR...

SPIRITUAL GROWTH

BUILDING & CARING

PRAYER

FELLOWSHIP & FRIENDSHIP

# PURPOSE

Do you know that our Lord has called us to a journey that is to be lived in community?

Many of us yearn to have close friends. The kind of friends who would understand and care about you, listen to you, accept and value you the way you are & with your best interests at heart. Do such people actually exist in the church?

The Small Group ministry provides an environment that you can cultivate Christian friendship and fellowship in Christ. It is about genuine and authentic relationships. It is about bearing one another's burdens. It is about sharing one another's joys. Finally, it is about building one another up in Christ.

It is our prayer that you will find deepened fellowship and spiritual growth in a small group and experience the blessings that God has planned for you. You will bless and be blessed by those around you.

*"Over fifty times in the New Testament the phrase 'one another' is used to describe our relationship to other believers. We are instructed to love one another, encourage one another, pray for one another, accept one another, bear one another's burdens and build up one another."*



# WHAT IS A SMALL GROUP?

There are a number of small groups in our church. Typically each group consists of 10-12 people who regularly meet at various members' homes. For the time being, all groups will initially meet online until further notice. A typical meeting may consist of singing praises, studying the Bible, learning, serving, sharing, praying and refreshments. It is a common understanding amongst the group members to respect sharing in confidence. Many groups host special events and enjoy outings and retreats together.

There are different types of group settings to meet the diverse needs of our church. Please look through the group descriptions to find out more details. Small groups provide an opportunity for us to fellowship and journey through life with people of all ages and various stages of life, giving a deeper and more profound experience of what it means to be the family of God together in this place.

# HOW TO JOIN A GROUP?

You may join a small group anytime of the year. Enclosed are descriptions of the different groups available this year. Take your time to read through the material and find a group that meets your needs. Please fill out the online sign up form.

If you have any questions regarding Small Groups please e-mail our Small Group Coordinator, Pastor Ben Short at [ben@fraserlands.ca](mailto:ben@fraserlands.ca)

# GROUP DESCRIPTIONS

The following are the small groups being offered this year:

1. ↑ Lift
2. Apologetics Q&A (AQA)
3. P.E.I.
4. GIYA
5. Perspective
6. It's Complicated
7. W5 (welcome, worship, Word, work, wellness)
8. People Seeking God (PSG)
9. LIFE - Living In Faith Everyday
10. Transformed
11. Families Firmly Rooted
12. Kingdom Kouples Hearing God
13. Women of Faith
14. Cornerstone Fellowship
15. The Well Fellowship

**Please note:** In addition, there are college-aged small groups available for sign up within Souljourners Fellowship.

# ↑ LIFT LOVE, LEARN, AND LIVE IN FAITH TOGETHER

*"Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work. (Ephesians 4:15-16)"*

We desire to respond to this call in Ephesians by joining together and building each other up on our journey to Love, Learn, and Live in Faith Together ("Lift"). We will commit to walking alongside each other as we continue to develop our identity in Christ, explore different ways of interacting with God, discover and wrestle with what God has to say about the world through His Word, support and challenge each other as we practice Godly community, and pour out His love to those who are unreached. (Ephesians 4:11-13. 15-16)

**Topic:** Being the Body of Christ

**Group Leaders:**

Felix Chan, Wilson Chau, Tiffany Koo, Allison Chen

**Meeting Time:** Saturday Evenings @ 7:30pm (until further notice)

**Location:** Online/Outdoors/Various homes (as Covid permits)

**Participants:** Everyone welcome, intergenerational

**Group Status:** Open to new members



# AQA APOLOGETICS Q&A

The purpose of AQA is to reach out to seekers, especially those in STEMM professions (Science, Technology, Engineering, Mathematics, Medicine), and to strengthen the faith of all Christians with a fresh perspective on the Creator of the Universe.

People are welcome to drop in and highly encouraged to invite their seeker friends. We will watch a seeker friendly apologetic video or video series for the first 30 to 45 minutes, then have Q&A on any audience topic for 30 to 45 minutes. After Q&A, the seekers are welcome to stay for further fellowship and prayer in breakout groups.

Videos and topics range from: Does God Exist, Origins, Scientific Interpretation of Genesis, Creation vs Evolution, the Resurrection, the Trinity, Predestination, and Suffering. Answers are from a scientific, philosophical, old earth creationist, and Biblical perspective.

We will be watching videos from some of the following speakers: Hugh Ross, Fazale Rana, Ravi Zacharias, Abu Murray, Gary Habermas, J. Warner Wallace, Frank Turek, John Lennox, and William Lane Craig.

**Group Leaders:** Lester Marr & Bowen Liu

**Meeting Time:** 2nd & 4th Wednesdays 7:30 - 9:30pm

**Location:** Via Zoom (until further notice)

**Participants:** Seekers, STEMM, Intergenerational

**Group Status:** Open to new members



# P.E.I. PURSUE GOD ENGAGE ONE ANOTHER IMPACT THE WORLD

A missional community (MC) is a group of people seeking to live out the mission of God in a particular place. This year, Ben and Kelsey will emphasize what it means to live out the gospel in the everyday stuff of life. This group will seek to live out three dimensions of the Christian life: Up (Pursue God), In (Engage One Another) and Out (Impact the World). That is, our life together will seek to do these three things.

COVID has meant that small groups look and feel very different. We want to create a place this year where we can explore questions about the mission of God during COVID. We also hope to create some discipleship structure that will fit well online. This group requires a weekly commitment.

**Group Leaders:** Ben & Kelsey Short

**Meeting Time:** Wednesday Evenings @ 7 - 9pm

**Location:** Online via Zoom

**Participants:** Everyone welcome, intergenerational

**Group Status:** Open to new members





# GIYA

As God's children we need to surround ourselves with other believers who will hold us accountable and join us on the journey as we explore how to grow in our faith and daily walk to becoming disciples of Christ.

**Topic:** The journey to growing disciples of Christ

**Group Leaders:** David & Melissa Au, Richard & Nancy Kwan

**Meeting Time:** 2nd & 4th Fridays @ 7:30pm

**Location:** Online & social distanced meet ups will take place in and around Vancouver/Lower Mainland (weather permitting)

**Participants:** Everyone welcome, intergenerational

**Group Status:** Open to new members





# PERSPECTIVE

As Christians we need to understand God's truth about controversial and polarizing issues, and equally important, to be able to communicate them with love and respect to those around us. In the past year, we have explored what God has to say on topics such as politics, homosexuality, racism, and social justice.

Join us as we continue to explore and discuss the issues that matter in today's society. We welcome people in all stages of life, no matter where you are in your spiritual journey. If you're ready to be challenged to grow in your faith, engage in meaningful conversation with those in your community, and build deeper relationships with other group members, we invite you to join us!

**Group Leaders:** Fritz & Tracy Baylen

**Meeting Time:** 1st & 3rd Fridays @ 7 - 9pm, one of which will include a potluck

**Location:** Online/Various homes (when safe to do so)

**Participants:** Everyone welcome, intergenerational

**Group Status:** Open to new members



# IT'S COMPLICATED

We live in a time where fundamental values are changing, boundaries are being challenged, and societal expectations are weighing on our shoulders. Whether it be issues to balance our budget, nuances of work, raising children in today's environment, caring for our parents, keeping relationships strong, all or more of them combined?! It doesn't matter if you're younger or older, any of the above can apply in our “modern life”. We need a village to support each other and the steadfast guidance from God. Join us to build an inter-generational Christian family of support and to build stronger individual spiritual growth so we can apply it to every aspect of our complicated life.

**Group Leaders:** Wendy Chu, Steve & Berlinda Chan

**Meeting Time:** Every other Friday @ 7 - 9pm

**Location:** Online until further notice

**Participants:** Everyone welcome, intergenerational

**Group Status:** Closed to new members



# W5 WELCOME, WORSHIP, WORD, WORK, WELLNESS

We will meet together to reflect on the Sunday sermons that will involve discussion, sharing, and application. We value the trust, transparency and openness of our group that have allowed us to develop very powerful connections with each other. We look to support each other in our life journey and to reinforce the blessings we continue to receive from God. We recognize that our testimonies have special meaning and we value each one of them. We interweave social gatherings to get to know each other better.

**Topic:** Reflection on a chosen Sunday sermon

**Group Leaders:**

Peter Wong & Karen Chiang

**Meeting Time:**

2nd & 4th Saturdays @ 7pm

**Location:** Via Zoom and various homes should things become safer

**Participants:** Everyone welcome, intergenerational

**Group Status:**

Open to new members



# PSG PEOPLE SEEKING GOD

Have you ever wondered if God speaks to us today? Join us as we discover that He is speaking to us and we will practice listening for His voice. We encourage everyone who wants to journey daily with our Lord to join our group as we study His Word and learn to discern His voice amidst the sounds of the world around us.

**Topic:** Hearing God Daily

**Group Leaders:** Tombert & Joyce Chen, Richard & Susan Chai

**Meeting Time:** Friday, 7:30 - 9:30pm, weekly

**Location:** Zoom (until further notice)

**Participants:** Everyone welcome, intergenerational

**Group Status:** Open to new members





# LIFE

## LIVING IN FAITH EVERYDAY

Challenges & problems are a constant thing in our lives. Facing life's difficult times together with God in our lives will help us grow and live in our faith. This small group is for those who want to study God's word together; to share our life experiences and to support and pray for one another.

**Topic:** This year we'll be studying/reflecting on Sunday sermons, alternate with sharing/prayer and other activities. Members rotate in leading study.

**Group Leaders:**

Esther Ng, Jacqueline Tung, Kathy Cheng

**Meeting Time:**

Friday evenings @ 7:30pm (twice a month)

**Location:** Online

**Participants:** Everyone welcome, intergenerational

**Group Status:** Open to new members



# TRANSFORMED

*"Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will." (Romans 12:2 NIV)*

We know that we are transformed by God. We seek for Him to continue to transform us into the likeness of his Son. And it's a blessing that we get to do so together, as family. Come and join us!

**Topic:** Fellowship and prayer, Soul Care Video Series (by Rob Reimer)

**Group Leaders:**

Lawrence & Esther Kong, Dat Wong & Swan Lee

**Meeting Time:** Every other Tuesday @ 7:30 - 9pm

**Location:** Zoom (until further notice)

**Participants:** Everyone welcome, intergenerational

**Group Status:** Open to new members





# FAMILIES FIRMLY ROOTED

*"Let your roots grow down into him, and let your lives be built on him. Then your faith will grow strong in the truth you were taught, and you will overflow with thankfulness." Colossians 2:7*

Parenting is a special gift from God that allows us to experience the joys but also the agony of raising children. From birth, while we are delighted by their toothless smiles, we worry about their basic needs of feeding and sleeping. As they grow, we embrace their creative imagination but wonder if they are learning enough, praying that they will come to know Christ in the process. Through it all, we read, research, and educate ourselves in hopes that we have done everything to help them grow up loving God. But how do we know we've done enough? How can we equip ourselves better to handle the tough questions? Do other families experience the same surprises of parenthood?

From October – April, our small group will join the **Parenting Children Course** taking place online via Zoom weekly on Sunday evenings. After the course ends, our group will continue our focus on various parenting issues. We hope through learning, sharing and praying together, we can build up strong families rooted in God's love as He intended it.

**Group Leaders:**

Joseph & Maggie Yuen

**Meeting Time:**

Sunday evenings, weekly

**Location:** Online through Zoom

**Participants:** Married Couples  
(with or without children)

**Group Status:**

Open to new members



# KINGDOM KROUPLES HEARING GOD

Life can be hard and very often, we can feel like we've lost our way, just struggling to survive. Even as followers of Jesus, we can become disillusioned and wonder about the reality of this abundant life He spoke of. The Bible calls us to something so much more – to the Way centred around Him and enabling us to live a vibrant purposeful life.

We will be using Southland Church's discipleship material called "The Way" as we journey together and learn how to abide in Jesus, engaging with the One who made us and wants to help us thrive.

Please note that the group will be split by gender during sharing & prayer time. We will also have social nights as couples.

## **Group Leaders:**

Steve & Lachmi Ma,

Dave & Jan Tam

**Meeting Time:** Friday evenings at 7:30pm, every two weeks

**Location:** Online (until further notice)

**Participants:** Married Couples (generally those with teens attending Friday evening fellowships)  
**Group Status:** Open to new members



# WOMEN OF FAITH

Join us as we study God's Word together, but more importantly, to support each other through life's ups and downs. Laughter guaranteed! All women are welcome.

**Topic:**

“Giving God Your All”  
from Women of Faith  
study guide series

**Group Leaders:**

Pauline Wong & Hedda Chan

**Meeting Time:**

Saturdays @ 7 pm,  
twice monthly

**Location:**

Online (until further notice)

**Participants:**

All women, Christians & seekers

**Group Status:**

Open to new members



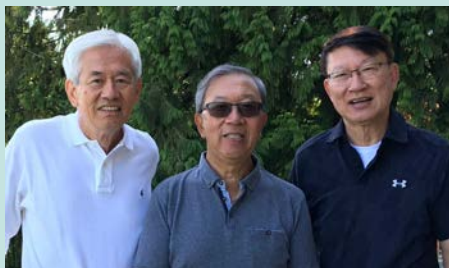
# CORNERSTONE FELLOWSHIP

We are an 'open' fellowship group of mature members who foster our three ministry areas of **Supporting, Encouraging, and Caring** by:

- A. Going Broader - to welcome people outside our group; and
- B. Going Deeper in our relationship with Christ and each other.

During the COVID-19 situation, we meet as a large group once a month via Zoom. The large group is also divided into several cell groups of maximum 6 members. Each cell group meets once a month virtually or physically (in accordance with Provincial social distancing guidelines). The large group Zoom meeting will reflect on the Sunday sermons that involves discussion, sharing, and application. The cell group gathering is intended to promote deeper sharing and prayer. When the COVID-19 restriction is lifted, the large group will meet at the church.

**Group Leaders:** Dave Yu, Henry Luke, Nicholas Lai  
**Meeting Time:** Second Saturday monthly @ 7pm as a large group and once a month in cell groups of 6 members.  
**Location:** Zoom for large group meetings and virtual or physical gathering of cell groups with social distancing.  
**Participants:** Age 50+  
**Group Status:** Open to new members



# THE WELL FELLOWSHIP

Wells were ancient social places for gathering, connecting, and life. Everyone needs water and we need it regularly. "The Well" is a new intergenerational fellowship for anyone needing spiritual community during this COVID season. Come join us weekly as we drink together from God's offer of living water. Practice together how to hear God, nurture our souls, and share His living water with others around us. We want to learn to pursue FLC's two pronged vision of spiritual renewal and being a loving presence in our neighbourhoods.

"The Well" will have a large group component and then breakout groups of three (same gender) for deeper discipleship and prayer. Gatherings will begin virtually over zoom and might eventually migrate to physically distanced in person meetings at church. We are limiting the group to under 50 persons. If you are interested in being part of the core team that supports this fellowship please contact Pastor Josh ([josh@fraserlands.ca](mailto:josh@fraserlands.ca)).

**Meeting Time:**

Thursdays @ 7:30 - 10pm

**Location:** Online via Zoom  
(until further notice)

**Participants:**

Everyone welcome,  
intergenerational

**Group Status:**

Open to new members

